

ATTENTION PARENTS!

Please read this important information regarding Frost Valley medical forms and medications of ANY KIND.

Your child may not take ANY medication, whether over-the-counter (OTC) or prescription without written permission from you and his/her doctor. **The Frost Valley medication administration form must be signed by a doctor.**

This policy is a result of changes in laws regarding medications and minors. Schools and camps are under stricter regulations about administering medications than they have been in past years, so even though *you* can give your child over-the-counter medication without a doctor's permission, Brooklyn Friends School and Frost Valley cannot.

Frost Valley will accept Medical forms signed by the doctor and parent up to 6 months prior to the child's scheduled camp stay. If your doctor will not sign this form at the time of your school physical (or if the physical is over 6 months prior to the trip), request that the form be held in your child's chart. Ask if you can call at a later date to have the form filled out so it is ready to be picked up in time for the trip.

A list of OTC medications offered at Frost Valley is included on the medical form. Please check off the medications that you would like for your child to receive should the need arise. Please fill out the prescription medication area on the form if your child needs to take prescription medications or other OTC medications not on the Frost Valley list (asthma inhalers, allergy meds, eye drops, etc). **In order for medications to be administered to your child, signatures from both you and your child's doctor are needed on this form.**

- All medications must be submitted in the original packaging or in the original (properly labeled!) pharmacy container. No homeopathic medications or vitamins will be accepted.
- Medications will be administered by the Frost Valley nurse between approximately 8am and 8pm.
- Medications needed on the bus trip (such as Dramamine) may be given by the parent or the camp nurse prior to getting on the bus.
- If your child has **asthma or a food allergy**, the BFS nurse Mary Ellen Ostrander will attach your child's current Asthma and/or Allergy Action Plan to his/her submitted Frost Valley forms. If your child's action plan has changed, or if you have not yet submitted one, please contact the nurse at ext 241 or email at mostrander@brooklynfriends.org. It is very important to keep these forms current.
- Students needing an Epi-Pen and/or asthma inhaler may qualify for self-administration privileges. Please consult the school nurse or the BFS web site to find out more about self-medication. <http://www.brooklynfriends.org/studenthealth>. Self-administered Epi-Pens and inhalers are to be on the child in a fanny pack or in a backpack that is to be kept within arm's reach during the bus trip. The camp policy will determine if the child is to carry these medications while at camp.

*****Please return medical forms to MaryEllen Ostrander!*****